

## STRAIN NAME | GRVT CODE | TYPE (INDICA, HYBRID, SATIVA, CBD)

### | INDICA |

#### BANANA PUDDINTAIN | BP | INDICA

Genetics : Banana OG x GMO/ TSKUNK

Dominant terpene : Limonene

This sweet, earthy, banana reminiscent strain may provide a relaxed, euphoric, and hunger inducing high that may ease pain, stress, and sleep problems.

#### BIG BUD | BIG | INDICA

Genetics : Afghani x Northern Lights x Skunk #1

Dominant Terpene : Myrcene

This skunky, spicy strain may provide full body relief and relaxation while still allowing for high energy levels, enhanced creativity and increased appetite.

#### CHEM D x 2 OG's | CDX2OG | HYBRID-INDICA

Genetics : Sour Diesel x OG Kush

Dominant Terpene : Caryophyllene

This sour, piney strain offers a calming yet focused head based high that can enhance sociability, decrease nausea, and has assisted some patients with migraine relief.

#### DOLATO | DOL | HYBRID-INDICA

Genetics : Do-Si-Do's x Gelato #41

Dominant Terpene : Limonene

This fruity, earthy strain provides stress relief to some due to its ability to be sedating and uplifting at the same time which can be very helpful for depression, pain, and anxiety.

#### GARLIC JUICE | GJ | INDICA

Genetics : GMO x Papaya

Dominant Terpene : Limonene

This zesty, herbal strain has hints of roasted garlic and may provide a mental calm and relaxing body high.

#### HEADBAND (LOOMPA'S CUT) | HDBL | HYBRID INDICA

Genetics : OG Kush x Sour Diesel

Dominant Terpene : Myrcene

This pungent diesel strain has effects that have been helpful for pain relief, relaxation, and anxiety. Many people experience a trademark facial pressure, like that of a wearing a headband, which has been helpful for some for headache/migraine relief.

#### KUSH CAKE | KC | HYBRID INDICA

Genetics : Cherry Pie x Girl Scout Cookies

Dominant Terpene : Limonene

This sugary, vanilla tasting strain provides a very mellow yet uplifting high that may be beneficial for anxiety, sleep, appetite, and sore muscle relief.

#### MAC N' CHEESE | MC | INDICA

Genetics : The MAC x Alien Cheese

Dominant Terpene : Pinene

This sweet, citrusy, floral strain offers a very creative, uplifting high that may provide nausea relief, stimulated appetite, stress and pain relief.

MIMOSA PINEAPPLE | MP | HYBRID INDICA

Genetics : Pineapple Chunk x Mimosa

Dominant Terpene : Myrcene

This sweet, skunky, pineapple tasting strain offers full body relaxation and may be mentally calming which makes it a great strain for helping with anxiety, insomnia, and pain.

PAPAYA OG | POG | HYBRID INDICA

Genetics : Ice #2 x Citral #13

Dominant Terpene : Limonene

This spicy, tropical, fruity strain is calming yet energizing which makes it a great choice for mood enhancement, stress relief, productivity and creativity.

SLURRICANE | SLUR | INDICA

Genetics : Do-Si-Do's x Purple Punch

Dominant Terpene : Limonene

This sweet, fruity strain brings a very relaxing full body euphoria which may be extremely helpful for insomnia, appetite, pain and depression.

STARCAB | SCB | HYBRID INDICA

Genetics : (Mazar x Blueberry OG) x Rare Dankness

Dominant Terpene : Caryophyllene

This earthy, diesel-y strain is a very mellow, happy high that can increase appetite and may serve as a mood booster making it a great choice for pain relief, depression, insomnia, and nausea.

**| SATIVA |**

DIAMOND DAZE | DDZ | SATIVA

Genetics: FIRST FROST x X01

Dominant Terpene : Caryophyllene

Bred in house by the Grassroots Cultivation Team, this citrusy, earthy strain can provide an energetic, creative, cerebral high that may be effective in helping with depression and stress. It may be a great strain for assisting with depression, stress, and increased energy.

CHOCOLOPE | CLP | SATIVA

Genetics : Chocolate Thai x Cannalope Haze

Dominant Terpene : Myrcene

This earthy, coffee tasting strain offers a strong euphoric, cerebral high, leaving some feeling energetic and happy making it a great strain for creativity, motivation, depression, and combatting fatigue.

FIRST FROST | FFT | SATIVA

Genetics: Purple Trainwreck x Blue Diesel

Dominant Terpene : Unknown

Created in house this sharp, fruity flavored strain provides a very focused, energized cerebral high that may be helpful for creativity, productivity, and full body pain relief.

GG#4 (FKA GORLLA GLUE #4) | GG4 | HYBRID SATIVA

Genetics : Chocolate Diesel x Sour Diesel

Dominant Terpene : Caryophyllene

This piney, diesel tasting strain brings a sedating yet uplifting full body euphoria that can be helpful with pain, stress relief, and depression.

GHOST OG | GOG | HYBRID SATIVA

Genetics : OG Kush x Afghani

Dominant Terpene : Myrcene

This piney, citrus flavored strain offers a very happy, uplifted yet relaxing buzz that can be great for calming nerves, mood enhancement, pain, and anxiety.

JET FUEL | JF | HYBRID SATIVA

Genetics : Aspen OG x Sour Diesel

Dominant Terpene : Myrcene

This woody, skunky strain provides an energetic cerebral high accompanied by a tingly relaxation that can offer relief for headaches, stress, and muscle tension all while providing a big boost of energy.

STRAWBERRY D-LITE | SDL | HYBRID SATIVA

Genetics : Strawberry Cough x NYC Diesel

Dominant Terpene : Myrcene

This earthy, berry tasting strain offers a very balanced and uplifting high that can be helpful for increasing sociability, pain relief, mood enhancement, and depression.

SUPER LEMON HAZE | SLH | SATIVA

Genetics : Super Silver Haze x Lemon Skunk

Dominant Terpene : Terpinolene

This sweet, lemony strain provides a focused, uplifted high that can be great for stimulating creativity, increasing sociability, decreasing anxiety, and combatting fatigue.

**| HYBRID |**

BLACK CHERRY PUNCH | BCP | HYBRID

Genetics : Black Cherry Pie x Purple Punch

Dominant Terpene : Myrcene

This sweet, floral, cherry tasting strain may provide a mentally relaxing yet physically tingly effect that may be helpful for anxiety, stress, insomnia/trouble sleeping, and sore muscles.

COMPTON LANDRACE | CPT | HYBRID

Genetics : Motor Mouth x (unknown-open pollination)

Dominant Terpene : Myrcene

This pungent, floral tasting strain can assist with mood elevation, body comfort and may be perfect for watching a movie, reading a book or social events.

HONEY BANANAS | HB | HYBRID

Genetics : Strawberry Banana x Honey Boo Boo

Dominant Terpene : Myrcene

This sticky, sweet, banana tasting strain is a true hybrid and may provide a giggly and uplifting yet relaxed, full body high that can be helpful for mental stimulation, creativity, depression, pain relief and anxiety.

NEW YORK CITY COOKIES | NYCC | HYBRID

Genetics : NYC Diesel x Girl Scout Cookies

Dominant Terpene : Myrcene

This citrusy, diesel tasting strain may provide an intense euphoria coupled with a mild body high and increased hunger, make this a great choice for those suffering from nausea, decreased appetite and chronic pain.

SORBETTO | SBO | HYBRID

Genetics : Zkittles x Sunset Sherbet x Magnum Opus

Dominant Terpene : Myrcene

This sweet, floral tasting strain offers a very giggly, cerebral euphoria that has been helpful for some in assisting with nausea, indigestion, pain and headaches.

STAR DAWG | SDG | HYBRID

Genetics : Chemdog 4 x Tres Dawg

Dominant Terpene : Caryophyllene

This sour, earthy, pine tasting strain provides an uplifted, focused and relaxed effect which can be helpful for appetite, stress, and depression.

WHITE FIRE OG | WIFI | HYBRID

Genetics : Fire OG x The White

Dominant Terpene : Limonene

This sweet, musky, woody strain may have an energizing, focused, and creative effect which can be helpful for fatigue, lack of concentration, appetite, and anxiety.

**| CBD |**

CRITICAL | CCBBD | CBD

Genetics : Critical Mass CBD x Harlequin

Dominant Terpene : Myrcene

This sweet yet pungent and earthy high-CBD strain offers a relaxed, focused and euphoric effect with reduced psychoactive interference which can be beneficial for anxiety, insomnia, stress, and nausea.

DURBAN POISON X SUPREME | DPXSCBD | CBD

Genetics : Durban Poison x Supreme CBD

Dominant Terpene : Terpinolene

This sweet, piney, licorice tasting strain offers a very uplifted, energized, and happy effect, which can be helpful for creativity, stress, fatigue, and pain with far less psychoactive effects than full THC strains.

Medical Marijuana can induce different experiences and medical alleviations that are unique to each patient. This strain list contains anecdotal information gathered from patients. Effects are not guaranteed and are unique to the individual.